

## Action Card

Action Card number	3
Project	Mindworks
As a	Mother of a young woman who recently died by suicide. Parent carers trying to support a suicidal child or young person Parent carers trying to support other parents in this situation
We want	A card including crisis services sized to fit into a wallet so that the young person, parent, teachers etc have easy access to support should the next crisis occur
So that	Parent carers and young people do not have to spend time looking for the right number to call. Parent carers and young people are more confident that there is help available and they do not waste time talking to the wrong people.
Allocated to	Kate Goode
Accepted by	<b>SEND TO JESS THOM</b>
Outcome measure	Cards are printed and handed to Mindworks staff, hospitals, GPs, Schools etc...
Date Received	15 <sup>th</sup> April 2022
Dates of updates	(should the update be published?)